

**UPCOMING EVENTS:**

**NATIONAL DANCE WEEK - HONORARY COMPANY**

SATURDAY, APRIL 28, 12:00PM - 5:00PM  
GRAND CENTER

**TAPPED FUNDRAISER**

MAY 1, 4:00PM - MAY 6, 10:00PM  
TAPPED

**MID-SEASON AUDITIONS**

SATURDAY, MAY 12, 12:30 - 4:00PM  
CKDC

**BARRE CRAWL**

SATURDAY, JUNE 23 - SUNDAY, JUNE 24  
VARIOUS LOCATIONS

**BEAT KILL JAM**

SATURDAY, AUGUST 11, 3:00PM - MIDNIGHT  
CKDC



# THE SCENIC ROUTE

FRIDAY, APRIL 20	8:00 PM
SATURDAY, APRIL 21	8:00 PM
SUNDAY, APRIL 22	3:00 PM

## THE MARCELLE THEATER

3310 SAMUEL SHEPARD DR.  
ST. LOUIS, MO 63103



**CONSUMING KINETICS DANCE COMPANY**  
460 WHITTIER STREET, ST. LOUIS MO 63108  
(314) 546-1477 | WWW.CKDC.ORG | INFO@CKDC.ORG

CONSUMING KINETICS DANCE COMPANY PRESENTS

# THE SCENIC ROUTE

EXECUTIVE PRODUCER:

GARY SIEGEL

ARTISTIC DIRECTORS:

ARICA BROWN

ASHREALE MCDOWELL

RESIDENT CHOREOGRAPHERS:

ARICA BROWN

SAM GAITSCH

ASHREALE MCDOWELL

GUEST CHOREOGRAPHERS:

RYADAH HEISKELL

DAVID MARCHANT

CECIL SLAUGHTER

RAFAEL TILLERY

LIGHTING DESIGN:

JON ONTIVEROS

AUDIO:

JEFF ALLEN WITH 927 MEDIA

CREATIVE DIRECTOR:

AALIA RAHMAN

COSTUME ALTERATIONS:

BEVERLY SONEN



## ARTISTIC DIRECTORS



ARICA BROWN



ASHREALE MCDOWELL

## THE COMPANY



JOANNA CHAVEZ



MAGGIE FLEITA



ERICA GARCIA



MIMI ITO



AMRIAN JOHNSON



MJ JOHNSON



KYLIE JONES



RAII MOREHEAD



KAT NORTON



OLIVIA PEREZ



JANE TELLINI



JORDAN WOODS

## GUEST CHOREOGRAPHERS:

### DAVID MARCHANT

David Marchant is Professor of the Practice at Washington University since 1994, teaching technique, composition and improvisation. David is a certified Alexander Technique teacher and coordinates the Somatic Studies Certificate Program at Washington University. David performs site-specific installations including tree-climbing as performance art. David has published research on using contact improvisation as a therapy for Parkinson disease. He danced with Utah Repertory Dance Theatre, 1989 to 1991, and earned his Master of Fine Arts degree from University of Iowa in 1993.

### RYADAH HEISKELL

Ryadah Heiskell is a WashU alum originally from Memphis, TN. She currently works in St. Louis and teaches at Best Dance and Talent Center. Ryadah danced with The Slaughter Project for five years and worked as Company Manager for three. Her choreography was featured at The American College Dance Festival (2012), The Young Choreographer's Showcase (2012), Black Anthology (2012 & 2013), The Slaughter Project Spring concerts (2013-2016), and Washington University Dance Collective (2017 & 2018).

### CECIL SLAUGHTER

Cecil Slaughter is professor of the practice in dance in the Performing Arts Department at Washington University. His professional dance career includes fourteen years with the Dayton Contemporary Dance Company. Cecil received his MFA from the University of Iowa. He has worked with several professional dance and theatre companies, including St. Louis' Black Rep Theatre and Mid America Dance Company, and has choreographed several productions for Washington University's Performing Arts Department.

### RAFAEL TILLERY

A native of Chicago, IL, Rafael began his choreographic journey at Austin Peay State University in Clarksville, TN, from where he graduated with a Bachelor's degree in Theatre and Dance in 2013. He has attended the 2012 American Dance Festival, Trisha Brown Dance Workshop, and the Garth Fagan Dance Intensive. He performed as a guest artist alongside the Garth Fagan Dance Company, Shen Wei Dance Arts, and the Dayton Contemporary Dance Company. Rafael danced with the Dayton Contemporary Dance Company II under the direction of Shonna Hickman-Matlock. In 2014 Rafael relocated to St. Louis, MO to join the Modern American Dance Company (MADCO) where he performed for two years under the direction of Stacy West. Since then he has had the opportunity to teach, choreograph, and work with a number of other performance studios and dance companies in the St. Louis area such as Consuming Kinetics Dance Company, Karlovsky Dance Company, Patzius Performing Arts, Kirkwood Dance Center, and Michelle's School of Dance. Rafael has also had the opportunity to work with choreographers such as Molissa Fenley, Debbie Blunden-Diggs, William B. McClellan, Jr., Nejla Yatkin, Ronin Koresh, Rodney A. Brown, B.B Miller, and many more.

CONSUMING KINETICS DANCE COMPANY PRESENTS:

# THE SCENIC ROUTE

## Journey to the Unstuck

**Choreography:** Ashreale McDowell

**Music:** *The Wheel* by Sohn

**Dancers:** Friday: Joanna Chavez, Kylie Jones, Raii Morehead, Olivia Perez, and Jane Tellini  
Saturday: Joanna Chavez, Mimi Ito, Raii Morehead, Olivia Perez, and Jane Tellini

**Understudy:** Jordan Woods

*"The Process of becoming unstuck requires tremendous bravery, because basically we are completely changing our way of perceiving reality..." -Pema Chodron*

## Blueprint

**Choreography:** Ryadah Heiskell

**Music:** *Wayvee* by Black Magic

**Dancers:** Erica Garcia, Amrian Johnson, Kylie Jones, Ashreale McDowell, and Kat Norton.

**Understudy:** Jordan Woods

*This piece explores how life hardly ever goes exactly the way we plan, despite our best efforts. Sometimes it doesn't make sense until we give in to the chaos.*

## \*\*\*PAUSE\*\*\*

## This is for You

**Choreography:** Sam Gaitsch

**Music:** *For Miya* by Janey Clewer (violinist: Desislava Kondova)

**Dancer:** Kat Norton

*This is for all of the moms. For all of the powerful women who simultaneously balance the identities of wife, mother, sister, daughter, boss, employee, caretaker, friend, and more. This is about taking time for yourselves, for discovering a sense of freedom and flight in something you love.*

## TravelGeist

**Choreography:** Cecil Slaughter

**Music:** *Man In a Shed*

**Dancers:** Erica Garcia, MJ Johnson, Raii Morehead, Ashreale McDowell, Olivia Perez, Jane Tellini, and Jordan Woods

## \*\*\*FIFTEEN MINUTE INTERMISSION\*\*\*

## Emergence (premier)

Improvised Dance Score

Composed & Directed by David Marchant

Created live by the Dancers

**Music:** *Iano* by Alva Noto and Ryuichi Sakamoto

**Performers:** Erica Garcia, Ashreale McDowell, Raii Morehead, Olivia Perez, Jane Tellini, and Jordan Woods

*In philosophy, "Emergence" describes a creative principle in which a new whole may appear when single entities interact with each other and the environment, forming more complex behaviors as a collective than they do as individuals. This dance is the result of such a process in which individual dancers interact live and the resultant choreography is a distinctive dance that would be different if any variable were changed; if one dancer is absent, or another is added, if the space is different or if witnesses are present, the trajectory of the emerging work is inexorably influenced and altered. Just as a snowflake is a singular emergent design of water vapor freezing in mid air, this dance, and every performance of it, is a one-of-a-kind result of each place and each time that each dancer engages in the the relationship of moving together.*

## Ultraviolet Lining

**Choreography:** Rafael Tillery

**Music:** *Ja* by Swod and *Adios* by Benjamin Clementine

**Dancers:** Friday: Joanna Chavez, Amrian Johnson, Ashreale McDowell, and Jane Tellini

Saturday: Joanna Chavez, Maggie Fleita, Amrian Johnson, and Ashreale McDowell

**Understudy:** Jane Tellini

*In most cases, visible light appears to take the most direct path of travel. It parallels life as a reflective, nonlinear form of energy with many trajectories and multiple outcomes, based on objectives that can cause it to bend, change course, or even create shadows.*

## She and I

**Choreography:** Arica Brown

**Music:** *In Threes* by Loscil

**Dancers:** Friday: Joanna Chavez, Maggie Fleita, Erica Garcia, Amrian Johnson, MJ Johnson, and Ashreale McDowell

Saturday and Sunday: Joanna Chavez, Maggie Fleita, Mimi Ito, Amrian Johnson, MJ Johnson, and Ashreale McDowell

**Understudy:** Erica Garcia

*She and I is a tribute to our former Assistant Artistic and Executive Director, Madison DeWitt. It honors the relationship that I have with her personally and professionally and pays respect to the growth that took place under her direction. We wish you luck in New York, Madison.*

## IN JUST FOUR STEPS YOU CAN START HELPING CKDC WITH ESCRIP!

By signing up for a FREE eScrip account, you can help raise money for CKDC by doing things you already do: picking up groceries, dining at your favorite restaurants, and shopping at all your favorite retailers including Amazon.com, the Apple Store, iTunes, Target, Kohl's, Walmart and many more.

Explore [shopping.escrip.com](http://shopping.escrip.com) for more details!

## 2 SIGN UP for an account at [www.Schnucks.com](http://www.Schnucks.com)



CLICK: Services and Programs



THEN CLICK: SCHNUCKS FUNDRAISING

YOU WILL THEN BE DIRECTED TO THE ESCRIP WEBSITE. Please consult the website to see a list of participating companies/ businesses who will donate a percentage towards CKDC.



THEN CLICK: SIGN UP



SIGN UP: THEN CHOOSE:

Search "Consuming Kinetics Dance Company" and add it as your nonprofit to support.

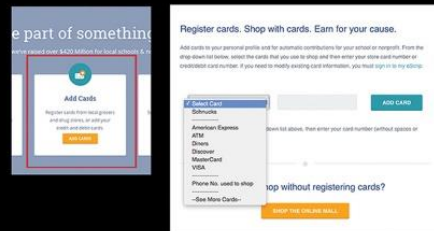
## 1 PICK UP an eScrip card from CKDC or Schnucks



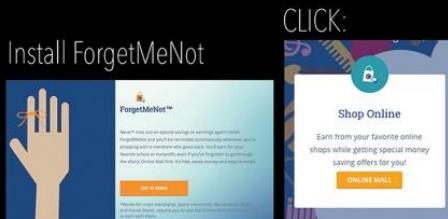
It will look like one of these two options:

## 3 REGISTER all of your credit & debit cards

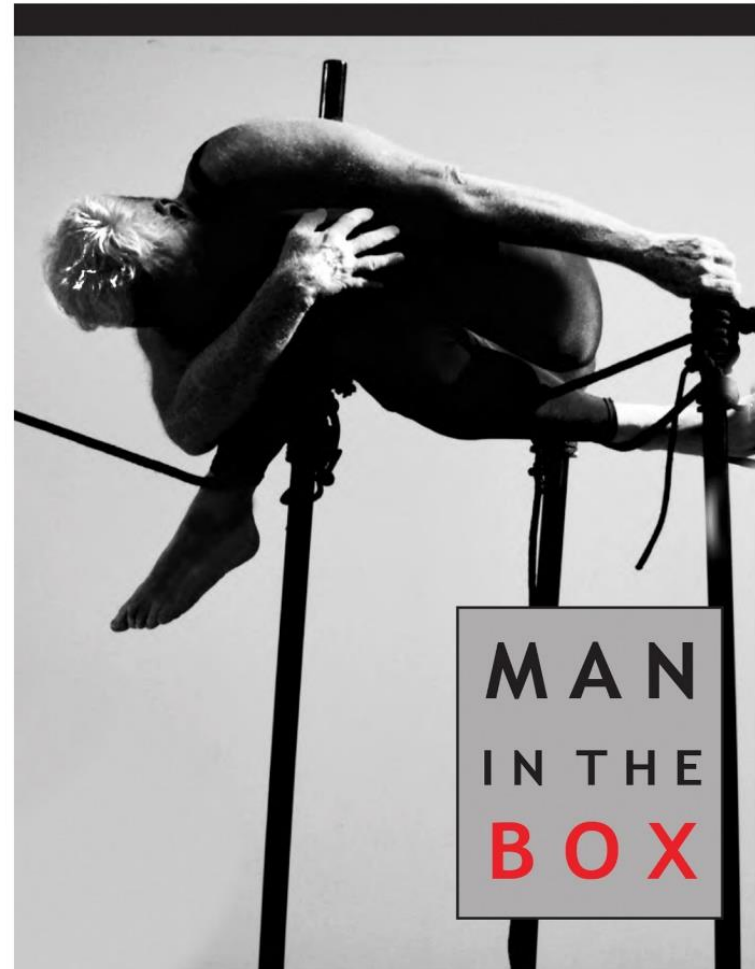
CLICK: Fear not. The website is secure.



## 4 DOWNLOAD the eScrip Button and load it on your browser



Feel free to contact [info@ckdc.org](mailto:info@ckdc.org) with any questions.



ANNONYArts at Satori  
Presents - An original work by  
Tom Brady in collaboration with Monica Newsam  
and video contributions by Zlatko Cosic  
for more info: [annonyarts.org](http://annonyarts.org) [satori3003.net](http://satori3003.net)

April 19-21 and 26-28 at 8pm  
Satori 3003 Locust Street St. Louis MO 63103  
Free to National Dance Week Artists  
General admission go to [mibaarts.eventbrite.com](http://mibaarts.eventbrite.com)

the  
**MUD HOUSE**

COFFEE & KITCHEN



2101 CHEROKEE • themudhousestl.com • 314.776.6599



**THURSDAY**  
 BOOT CO.

SHOP NOW



Vibrant Neighborhood.  
 Upscale Address.



Central West End living at its best.

**Convent Gardens**  
 Renovated Studio,  
 1 and 2 Bedroom Homes  
 4497 Pershing  
 St. Louis, MO 63108  
 314.535.1618  
 cvf@liptongroup.com  
 ConventGardens.com

**Del Coronado**  
 Traditional and Renovated  
 Studio, 1 and 2 Bedrooms  
 4949 West Pine  
 St. Louis, MO 63108  
 314.367.4949  
 dlc@liptongroup.com  
 DelCoronadoSTL.com



HEADSHOTS BY JEANNIE LIAUTAUD PHOTOGRAPHY



Way to go, CKDC!

MENTION THIS AD FOR \$10 OFF YOUR SESSION FEE

jeannie@jliautaudphoto.com | 224.330.8399 | www.jliautaudphoto.com



rotator cuff  
 tendonitis

snapping hip  
 syndrome

patellofemoral  
 pain syndrome

neck strain

lower back strain  
 & muscle spasm

achilles  
 tendonitis

ankle sprain



**THE PLUG**  
 paige algeria

LAYTONCHIROPRACTICSTL.COM



# Live Your Truth Nutrition

We are all born with an intuitive ability to nourish ourselves – rediscover that truth within yourself

I specialize in Health At Every Size (HAES) lifestyle coaching, where the focus is on building healthy habits that you can maintain for life, as opposed to a quick-fix diet mentality. My goal is for you to feel better from the inside out, making small changes that add up towards living your best life, one that is sustainable and nourishing.

Each one-on-one session that I plan is customized to you and your needs.

Please reach out if there is any way I can support you in having a better relationship with food - [LiveYourTruthNutrition@gmail.com](mailto:LiveYourTruthNutrition@gmail.com)

Marielle Counts, RD/LD



# TAPPED FUNDRAISER

CKDC is partnering with Tapped for a one-week fundraiser to raise money for the Youth Scholarship Fund. Throughout the first week of May, 100% of tips collected at Tapped will be donated to CKDC. So come and dine for a good cause!

TUESDAY, MAY 1 - 4:00PM

TO

SUNDAY, MAY 6 - 10:00PM

TAPPED | 7278 MANCHESTER RD, MAPLEWOOD, MO 63143

If you can't make it out during the week, you can still donate by visiting [www.ckdc.org/supportckdc/](http://www.ckdc.org/supportckdc/) and click 'Donate' to make your tax-deductible donation today!

460 WHITTIER ST. | ST. LOUIS MO 63108 | [WWW.CKDC.ORG](http://WWW.CKDC.ORG) | (314) 546-1477 | [INFO@CKDC.ORG](mailto:INFO@CKDC.ORG)



SAVE THE DATE: JUNE 23-JUNE 24  
**THE ST. LOUIS BARRE CRAWL**

**MWAH!**  
Ignite Theatre Company Loves CKDC  
**AND MISS ASH!**

And we'd  
*Love* to see  
You at  
auditions for  
**JUNE 2/3 ALL AGES!**

**BYE BYE  
BIRDIE**

[www.ignitewithus.org](http://www.ignitewithus.org)

## LOVE WHAT YOU SAW TONIGHT?

HELP SUPPORT LOCAL ARTISTS BY BECOMING  
A SUSTAINING MEMBER TODAY FOR LESS THAN  
\$20/MONTH!

### SUSTAINING MEMBERS RECEIVE

- Early access to concert tickets, and early notice to upcoming events.
  - Recognition in website, program and printed materials.
- Dance Advocate and above receive membership card and free concert tickets.

### LEVELS:

INDIVIDUAL	<\$20
SUPPORTER	\$20-\$50
DANCE ADVOCATE	\$50-\$75
CONSUMING PATRON	\$75+

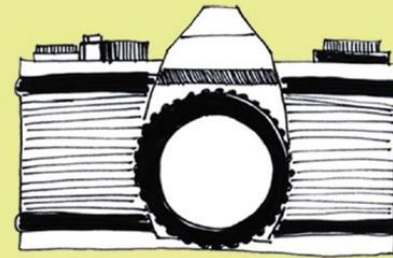


WWW.CKDC.ORG  
(314) 546-1477  
INFO@CKDC.ORG



636.486.6420

**Pole•Buti Yoga•Classes•Parties**  
**www.dahliapole.com**



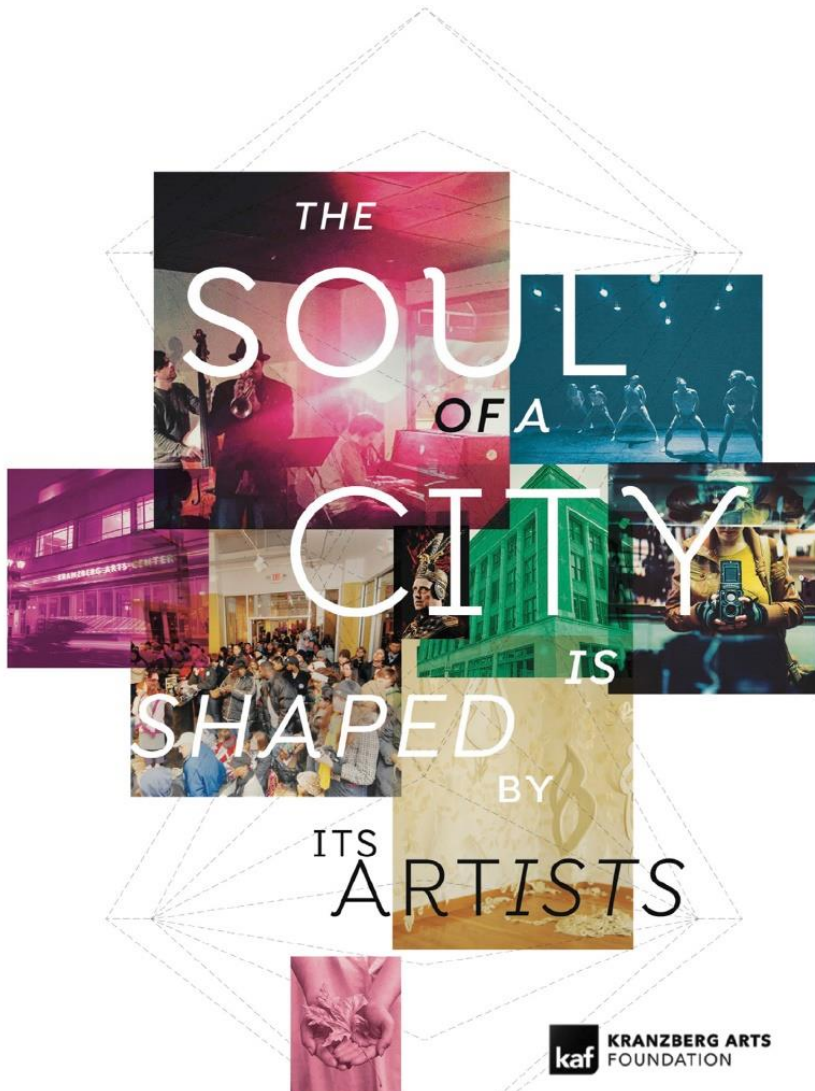
dave moore  
PHOTOGRAPHY

fascinating portraits of spectacular people

**WEDDINGS | FAMILIES + KIDS | PORTRAITS**

**WWW.DAVEMOOREPHOTOGRAPHY.COM**





[kranzbergartsfoundation.org](http://kranzbergartsfoundation.org)

## A SPECIAL THANKS TO ALL OUR VOLUNTEERS:

Jeff Allen, Katrin Allen, Caty Ane-Mari, Anthony Bady, Tom Brady and Annonysarts, Ben Bain, Carl Bringenberg, Arica Brown, Joanna Chavez, Doline Colenberg, Doreen Colenberg, Lena Crown, Mary Curmort, Moxie Doctor, Adena Dorsey, Quinn Dorsey, Anna Drehmer, Emily Duggins, Sam Gaitsch, Benjamin Galtney, Erica Garcia, Tara Garrett, Melanie Granger, Chris Hansen, Robert Harris, Ryadah Heiskell, Tina Austin-Hill and Danny Hill, Brian House, Serena House, Sophia Huddleston, Mimi Ito, MJ Johnson, Beverly Jones, Joshua Jones, Lynette Khoo-Summers, Laura Klein, Erica Lee, Tara Loyd, David Marchant, Ashreale McDowell, Raii Morehead, Dave Moore, Michelle Mynx, Kat Norton, Jon Ontiveros, Caitlin Oppland, Toyia Poole, Priya, Aalia Rahman, Josh Reinl, Andy Samples, Gary Seigel, Cecil Slaughter, Jessica Tarantola and Big Frog of Creve Coeur, Erin Warner and The Big Muddy Dance Company, Jordan Wood, and all the friends of CKDC.

WE ARE SO GRATEFUL FOR YOUR SUPPORT.

THIS SHOW WOULD NOT HAVE BEEN POSSIBLE WITHOUT YOU.

# Compliance One

The One Stop for all your Compliance needs

**Tina M Austin MA HCM-HF**

Director of Compliance/Senior Consultant



Compliance One

P.O. Box 55193  
Long Beach, CA 90805  
(562) 283-5063 Office  
(562) 684-4869 Fax

**TAustin@ComplianceOne.net**